

Multi-Purpose Disinfecting Solution

Important –
Please read carefully
and keep this package
insert for future
reference.

## **ACUVUE™** RevitaLens Multi-Purpose Disinfecting Solution

Cleans, Conditions, Removes Protein, Rinses, Disinfects, and Stores soft (hydrophilic) contact lenses, including silicone hydrogel lenses—All Steps in One Bottle.

#### **LENS CARE DIRECTIONS**

**RINSE** for lens-wearing comfort

# PRIOR TO REAPPLYING YOUR CONTACT LENSES TO YOUR EYE:

- 1. Wash hands with soap & water and dry with a lint-free towel to reduce the chance of getting an infection.
- RINSE each side of the lens for 5 seconds with fresh ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution to remove any debris on the lens.
- 3. Then apply contact lenses to eye.

RUB, RINSE & SOAK for effective disinfection

## **CONTACT LENS DISINFECTION**

#### Instructions for use:

 Wash hands with soap & water and dry with a lint-free towel prior to handling your lenses.



2. After removing your contact lenses, clean and disinfect your lenses by placing **3 or more drops** of ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution on one side of the lens surface.



- 3. **RUB** your lens gently from the center to the edges for 2-4 seconds (never rub in a circular motion, because it may tear the lens and not clean the outer edge surface).
- 4. Turn the lens over and repeat steps 2 and 3.
- RINSE each side of the lens for 5 seconds with fresh ACUVUE<sup>TM</sup> RevitaLens Multi-Purpose Disinfecting Solution. Place lenses in clean lens case and fill with ACUVUE<sup>TM</sup> RevitaLens Multi-Purpose Disinfecting Solution. Close lens case tightly.
  - Follow the complete recommended lens rubbing and rinsing times in the labeling to adequately disinfect your lenses and reduce the risk of contact lens infection.
- 6. **SOAK** Use only fresh ACUVUE<sup>™</sup> RevitaLens Multi-Purpose Disinfecting Solution each time you soak (store) your lenses. Allow lenses to soak for a minimum of six (6) hours for disinfection, cleaning and protein removal.

## **WARNINGS:**

- Rub and rinse your lenses for the recommended amount of time to help prevent serious eye infections.
- Never use water, saline solution, or rewetting drops to disinfect your lenses.
   These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.
- Do not reuse or "top off" old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss or blindness. "Topping-off" is the addition of fresh solution to solution that has been sitting in your case.

# **EXTRA CLEANING AND COMFORT**

Based on your individual tear chemistry and lens replacement schedule, your eye care professional may recommend additional care procedures. This may be particularly important if lenses are kept longer than 90 days.

## **LENS CASE CARE**

You may leave your lenses in the unopened lens case containing ACUVUE<sup>TM</sup> RevitaLens Multi-Purpose Disinfecting Solution for up to 30 days continuously. If stored longer than 30 days, your lenses must be cleaned and disinfected again with fresh solution prior to wear.

# **CARING FOR YOUR CONTACT LENS CASE:**

- 1. Use only the lens case provided.
- Rinse your lens case daily with sterile contact lens solution (never use tap water) and leave the lens case open to dry after each use. Turn the case over and shake any excess solution out of the case. Be sure that no residual solution remains in the case before you allow it to air dry.
- 3. Replace your lens case at least once every 1-3 months. Contact lens cases can be a source of bacterial growth.

**WARNING:** Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh multi-purpose solution (or sterile saline solution) so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

## **WATER ACTIVITY**

**Instruction for use:** Do not expose your contact lenses to water while you are wearing them.

**WARNING:** Water can harbor microorganisms that can lead to severe infection, vision loss, or blindness. If your lenses have been submersed in water when participating in water sports or swimming in pools, hot tubs, lakes, or oceans, you should discard them and replace them with a new pair. Ask your eye care professional for recommendations about wearing your lenses during any activity involving water.

# **DISCARD DATE**

**Instruction for use:** Use the solution before the expiration date marked on the outer carton and bottle. Once the bottle is opened, discard any remaining solution after 90 days.

**WARNING:** Using multi-purpose solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

# PROTEIN REMOVAL FROM YOUR CONTACT LENSES

ACUVUE<sup>TM</sup> RevitaLens Multi-Purpose Disinfecting Solution removes protein while your lenses are soaking in the lens case. Daily use of ACUVUE<sup>TM</sup> RevitaLens Multi-Purpose Disinfecting Solution eliminates the need for a separate enzymatic cleaner for many lens wearers—check with your eye care professional.

# **DESCRIPTION**

ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution is a sterile, buffered aqueous solution with alexidine dihydrochloride 0.00016% and polyquaternium-1 0.0003% as preservatives/disinfectants, boric acid, sodium borate, TETRONIC 904, edetate disodium, sodium citrate, sodium chloride, and purified water.

## **ACTIONS**

ACUVUETM RevitaLens Multi-Purpose Disinfecting Solution is formulated with dual disinfection technology designed specifically for soft contact lenses. Dual disinfectants and a surfactant deliver robust cleaning and effective dual disinfection. While the lens is soaking, the surfactant loosens and removes the protein and other deposits that commonly accumulate during lens wear. Dual disinfectants work to destroy microbes on the surface of the lens and provide safe contact lens storage up to 30 days.

## INDICATIONS (Uses)

ACUVUETM RevitaLens Multi-Purpose Disinfecting Solution is indicated for the care of soft (hydrophilic) contact lenses, including silicone hydrogel lenses.

Use this product, as recommended by your eye care professional, to:

- Clean Rinse
- Condition Chemically (NOT HEAT) Disinfect
- Remove ProteinStore

# **CONTRAINDICATIONS** (Reasons not to use)

If you are allergic to any ingredient in this product, DO NOT use.

## **WARNINGS**

To avoid contamination, do not touch the tip of the ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution container to any surface. Replace cap after using.

To avoid contaminating your solution, DO NOT transfer to other bottles or containers.

# PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN CORNEAL INFECTION AND/OR ULCERS AND LEAD

**TO LOSS OF VISION.** It is essential that you follow your eye care professional's directions and all labeling instructions for proper use of lenses and lens care products, including the lens case.

You should follow the complete recommended lens rubbing and rinsing times in the product labeling to adequately disinfect your lenses and reduce the risk of contact lens contamination. Reduced rubbing or rinsing times may not adequately clean your lenses.

Clean, rinse, and air dry your lens case each time you remove your lenses. In order to permit excess solution to drain, you can flip your lens case while air drying. Replace your lens case frequently.

Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.

Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight.

Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule provided by your eye care professional.

Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk for serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement.

Studies have also shown that smokers had a higher incidence of adverse reactions.

It is recommended that contact lens wearers see their eye care professional at least once each year or, if directed, more frequently. Bring your lenses, solutions and lens case with you to your eye care professional.

# **PRECAUTIONS**

- Avoid exposure to water when wearing and caring for your contact lenses
- Discard any remaining solution in your lens case before re-disinfecting.
   Always use fresh solution.
- Rinse lens case and caps with fresh solution after each use; dry upside down on a clean towel. Do not use non-sterile water to rinse lens case.
- Always wash your hands, and then dry with a clean, lint-free towel before handling lenses.
- Keep bottle tightly closed when not in use.
- Use only the included lens case with ACUVUE<sup>™</sup> RevitaLens Multi-Purpose Disinfecting Solution.

- Replace your lens case every 1-3 months.
- Store at room temperature.
- Use before the expiration date marked on the bottle and carton.
- Never use ACUVUETM RevitaLens Multi-Purpose Disinfecting Solution with a heat disinfection unit.
- Keep out of the reach of children.

# **ADVERSE REACTIONS (Problems and what to do)**

The following problems may occur: eyes sting, burn or itch (irritation); comfort is less than when lens was first placed on the eye; feeling of something in the eye (foreign body, scratched area); excessive watering (tearing) of the eye; unusual eye secretions; redness of the eye; reduced sharpness of vision (poor visual acuity); blurred vision; rainbows or halos around objects; sensitivity to light (photophobia); or dry lenses. If you notice any of the above:

# **IMMEDIATELY REMOVE YOUR LENSES**

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, DO NOT put the lens back on your eye.
   Place the lens in the lens case and contact your eye care professional.
- If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, thoroughly clean, rinse and disinfect the lens, then reinsert it.
- If the problem continues, **IMMEDIATELY** consult your eye care professional.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

#### **GOOD LENS CARE PRACTICES**

- Follow your eye care professional's instructions.
- Always wash your hands before handling your lenses.
- Rub, rinse and disinfect your lenses each time you remove them.
- Always handle the same lens, the right or the left, first in order to avoid mix-ups.
- Do not expose lenses or lens case to tap water, bottled water, distilled water, lake or ocean water.
- Do not use saliva or put lenses in your mouth to rewet.
- Do not swim, shower, or use a hot tub while wearing soft contact lenses.
- Do not wear lenses longer than prescribed.
- Do not transfer contact lens solution into smaller travel size containers.
   The sterility of solutions will be impacted and can lead to serious eye infections.
- Discard any lens that is damaged or dehydrated.
- Avoid using aerosols when wearing contact lenses.
- Discard any remaining solution in your lens case before disinfecting your lenses again.
- See your eye care professional at least once a year.

## **HOW SUPPLIED**

ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution is supplied sterile in 2 fl. oz. (60mL), 4 fl. oz. (120mL), and 10 fl. oz. (300mL) plastic bottles. The bottles are marked with lot number and expiration date.

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Questions or comments?

Please call us at 1-800-347-5005

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